

**Getting Teenagers to Cooperate**

Thursday 31st January 2019 - 10.00-12.30 Somerstown Family Hub, Omega Street,

Somerstown, Portsmouth PO5 4LP (02392 821816)

**Reducing Family Conflict**

Friday 1st March- 10.00-12.30pm- at Landport Family Hub,

221 Arundel Street, Portsmouth PO1 1NF (02392 815005)

**Building Teens Survival Skills**

Wednesday 20th March 12.00-2.30pm - at Northern Parade Family Hub,

Doyle Avenue Hilsea, PO2 9NE (02392 660866)

**Dealing with Teens Emotions**

Tuesday 9th April 2019 10.00-12.30pm- at Paulsgrove Family Hub,

Cheltenham Road, Paulsgrove PO6 3PL (02392 385995)

**TO BOOK YOUR PLACE, PLEASE CALL THE RELEVANT FAMILY HUB**

**Teen Triple P Discussion Groups**

12-16yrs

"*For anyone who wants to help their child to be the best they can be."*