

**Developing Good Bedtime Routines**

Tuesday 22nd January 2019 10.00-12.30 - at Somerstown Family Hub,

Omega Street, Southsea PO5 4LP (02392 821816)

**Dealing with Disobedience**

Monday 25th February 2019 - 12-2.30pm - at Somerstown Family Hub,

Omega Street, Southsea PO5 4LP (02392 821816)

**Managing Fighting & Aggression**

Tuesday 19th March 2019 9.30-12pm-at Paulsgrove Family Hub,

Cheltenham Road, Paulsgrove, PO6 3PL (02392 385995)

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**Dealing with Disobedience**

Thursday 4th April 2019- 12-2.30pm- at Buckland Family Hub,

Turner Road, Buckland PO1 4PN (02392 733440)

**TO BOOK YOUR PLACE, PLEASE CALL THE RELEVANT FAMILY HUB**

**Triple P Primary Discussion Groups**

Age 5-12yrs

"*For anyone who wants to help their child to be the best they can be."*