

Week 1

WEEK COMMENCING: 22ND APR, 13TH MAY, 3RD JUNE, 24TH JUNE, 15TH JULY, 2ND SEPT, 23RD SEPT, 14TH OCT

MONDAY

- Pork Sausage & Gravy with Mash Potato
- Vegetable Chow Mein with Egg Noodles V
- Jacket Potato with Baked Beans V
- Peas
Carrots
- Apple Crumble with Custard

TUESDAY

- Beef Bolognese with Penne Pasta
- Falafel Pitta with Salad V
- Jacket Potato with Coleslaw V
- Broccoli
Cauliflower
- Carrot Cake

WEDNESDAY

- Roast Gammon with Gravy and Roast Potatoes
- Quorn Toad in the Hole Roast Potatoes V
- Jacket Potato with Baked Beans V
- Green Beans
Carrots
- Chocolate and Vanilla Mousse

THURSDAY

- Meat Feast Pizza
- Margherita Pizza V
- Jacket Potato with Tuna Mayo V
- Sweetcorn
Red Cabbage
- Fruit Berry Compote

FRIDAY

- Fish Fingers and Chips
- Cheese, Potato & Red Onion Frittata with Chips V
- Jacket Potato with Cheese V
- Peas
Baked Beans
- Chocolate Cracknell

Week 2

WEEK COMMENCING: 29TH APR, 20TH MAY, 10TH JUNE, 1ST JULY, 9TH SEPT, 30TH SEPT, 21ST OCT

MONDAY

- Beef Burger in a Bun
- Lentil and Sweet Potato Curry Rice V
- Jacket Potato with Tuna Mayo V
- Carrots
Veg Medley
- Pineapple Upside Down Sponge

TUESDAY

- Garlic & Lemon Chicken with Rice
- Macaroni Cheese V
- Jacket Potato with Baked Beans V
- Mixed Peas, Sweetcorn & Carrots
Green Beans
- Orange Jelly with Mandarins

WEDNESDAY

- Roast Pork Loin with Gravy and Roast Potatoes
- Cheese & Tomato Pinwheel with Salad V
- Jacket Potato with Coleslaw V
- Carrots
Cabbage
- Vanilla Cheesecake

THURSDAY

- Spicy Beef Pizza
- Margherita Pizza V
- Jacket Potato with Baked Beans V
- Sweetcorn
Green Beans
- Apple & Banana Cake

FRIDAY

- Fish Fingers with Chips
- Quorn Hot Dog in a Roll with Chips V
- Jacket Potato with Cheese V
- Peas
Baked Beans
- Fruity Flapjack

Week 3

WEEK COMMENCING: 6TH MAY, 17TH JUNE, 8TH JULY, 16TH SEPT, 7TH OCT

MONDAY

- BBQ Pork and Rice
- Vegetable and Lentil Bolognese with Rice V
- Jacket Potato with Baked Beans V
- Peas
Sweetcorn
- Chocolate Muffin

TUESDAY

- Pork Sausage, Mash and Gravy
- Roasted Vegetable Lasagne V
- Jacket Potato with Coleslaw V
- Cauliflower
Green Beans
- Eve's Pudding

WEDNESDAY

- Roast Turkey with Gravy and Roast Potatoes
- Chick Pea and Vegetable Balti with Rice V
- Jacket Potato with Tuna Mayo V
- Carrots
Red Cabbage & Sultanas
- Lemon Shortbread

THURSDAY

- Chicken & Sweetcorn Pizza
- Margherita pizza V
- Jacket Potato with Salmon Mayo V
- Sweetcorn
Fruity Coleslaw
- Apple and Berry Crumble with Custard

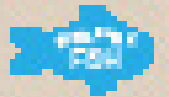
FRIDAY

- Fish Fingers with Chips
- Tomato and Herb Puff with Chips V
- Jacket Potato with Cheese V
- Baked Beans
Peas
- Oat and Sultana Biscuit

The Guide to Goodness



Many of our home-made dressings contain an **extra 20% fruit!**



The fish we serve is from well-managed and sustainable fisheries.



Over 70% of our dishes are made fresh on site today from fresh ingredients.



We use wholegrain flour and use wholemeal bread.



Where possible we use ingredients sourced from local producers.

