

Langstone Infant Spring Menu

2020

Monday

Tuesday

Wednesday

Thursday

Friday

Week One 06/01/2020 27/01/2020 24/02/2020 16/03/2020	Option 1	Beef Bolognaise with Rice	Sausage, Mashed Potatoes and Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	French Bread Cheese & Tomato Pizza with Wedges	Fish Fingers with Chips
	Option 2	Macaroni Cheese	Vegetarian Sausages, Mashed potato and Gravy	Vegetable Wellington with Roast Potatoes and Gravy	Lentil and Sweet Potato Curry with Rice	Cheese and Tomato Quiche with Chips
	Jacket Potato	Beans	Cheese	Tuna & Mayonnaise	Cheese	Beans
	Vegetables	Sweet Corn Broccoli	Cauliflower Broccoli	Carrots Peas	Peas Sweetcorn	Baked Beans Peas
	Dessert	Apple Flapjack Yoghurt Fresh Fruit	Pineapple Cake Yoghurt Fresh Fruit	Apple, Cheese & Crackers Yoghurt Fresh Fruit	Syrup Sponge with Custard Yoghurt Fresh Fruit	Fresh Fruit and Yoghurt Station
Week Two 13/01/2020 03/02/2020 02/03/2020 23/03/2020	Option 1	Chicken Curry with White & Brown Rice	Sausage Roll with Wedges	Roast Turkey Roast Potatoes and Gravy	Ham and Cheese Pizza with Wedges	Fish Fingers with Chips
	Option 2	Soya Bolognaise with Rice	Vegan Sausage Roll with Wedges	Quorn Roast Fillet with Roast Potatoes and Gravy	Cheese and Tomato Pizza with Wedges	Cheese Frittata with Chips
	Jacket Potato	Cheese	Tuna & Mayonnaise	Beans	Tuna & Mayonnaise	Beans
	Vegetables	Sweetcorn Tomatoes	Peas Beans	Carrots Green Beans	Sweetcorn Peas	Baked Beans Peas
	Dessert	Apple Crumble and Custard Yoghurt Fresh Fruit	Chocolate Cake with Chocolate Drizzle Yoghurt Fresh Fruit	Apple, Cheese and Crackers Yoghurt Fresh Fruit	Orange and Lemon Shortbread Yoghurt Fresh Fruit	Fresh Fruit and Yoghurt Station

Week Three 20/01/2020 10/02/2020 09/03/2020 30/03/2020	Option 1	Chicken & Sweetcorn Pie with New Potatoes and Gravy	Chicken Sausages with Mashed Potatoes and Gravy	Roast Pork Roast Potatoes and Gravy	Beef and Cheese Pizza with Wedges	Fish Fingers with Chips
	Option 2	Vegetable Pasty with New Potatoes and Gravy	Vegetable Sausage with Mashed Potatoes and Gravy	Creamy Veg Pie with Roast Potatoes	Vegan Pasta Bake	Homemade Vegetable Sausage with Chips
	Jacket Potato	Tuna & Mayonnaise	Cheese	Beans	Tuna & Mayonnaise	Beans
	Vegetables	Carrots Cauliflower	Swede and Carrot Mash Cauliflower	Carrots Peas	Sweet Corn Peas	Baked Beans Pea
	Dessert	Chocolate and Orange Brownie	Banana Sponge and Custard	Apple, Cheese and Crackers	Oaty Cookie Yoghurt	Fresh Fruit and Yoghurt Station

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.