

Portsmouth Autumn Packed Lunch Menu 2020



Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Monday

Tuesday

Wednesday

Thursday

Friday

| Week One | Option 1 | Sausage Roll | Tuna & Sweet Corn Wrap | Ham & Tomato Baguette | Ham & Tomato Wrap | Fish Finger Sandwich |
|--|------------|--------------------------------|--------------------------|----------------------------------|--------------------------|--------------------------|
| Week Commencing 31/08/2020 21/09/2020 12/10/2020 09/11/2020 30/11/2020 | Option 2 | Mexican Roll | Cheese & Cucumber Wrap | Cheese & Tomato Baguette | Cheese & Tomato Pizza | Cheese & Tomato Sandwich |
| | Vegetables | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks |
| | Fruit | Piece of Fruit | Piece of Fruit | Piece of Fruit | Piece of Fruit | Piece of Fruit |
| | Dessert | Vanilla Shortbread | Lemon Drizzle Cake | Apple & Raisin Flapjack | Chocolate & Orange Cake | Vanilla Shortbread |
| | Option 1 | Tuna Salad Sandwich | Ham Sandwich | Sausage Roll | Tuna Sandwich | Fish Finger Sandwich |
| Week Commencing 07/09/2020 28/09/2020 19/10/2020 16/11/2020 07/12/2020 | Option 2 | Cheese Sandwich | Cheese & Tomato Sandwich | Mexican Roll | Cheese & Tomato Pizza | Cheese Salad Sandwich |
| | Vegetables | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks |
| | Fruit | Piece of Fruit | Piece of Fruit | Piece of Fruit | Piece of Fruit | Piece of Fruit |
| | Dessert | Chocolate & Beetroot Brownie | Vanilla Shortbread | Carrot & Courgette Cake | Iced Sponge | Spanish Cookie |
| | Option 1 | Sausage Roll | Tuna Sweet Corn Baguette | Ham Sandwich | Ham Baguette | Fish Finger Sandwich |
| Week Commencing 14/09/2020 05/10/2020 02/11/2020 23/11/2020 14/12/2020 | Option 2 | Mexican Roll | Cheese Salad Baguette | Egg Mayonnaise & Tomato Sandwich | Cheese & Tomato Pizza | Cheese Salad Sandwich |
| | Vegetables | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks | Carrot & Cucumber Sticks |
| | Fruit | Piece of Fruit | Piece of Fruit | Piece of Fruit | Piece of Fruit | Piece of Fruit |
| | Dessert | Banana & Chocolate Oaty Square | Marble Cake | Vanilla Shortbread | Orange Drizzle Cake | Apple & Raisin Flapjack |
| | Option 1 | Sausage Roll | Tuna Sweet Corn Baguette | Ham Sandwich | Ham Baguette | Fish Finger Sandwich |