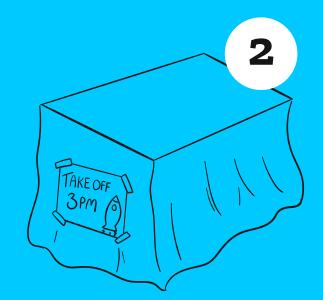


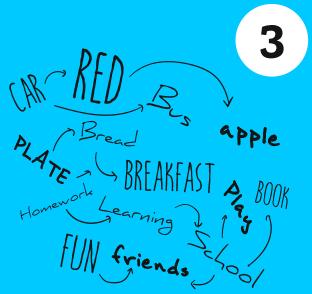
1

Drop a feather, a tennis ball and a tissue from the kitchen table and get your child to time how long it takes for each one to hit the ground. Use this to start a discussion about gravity, force and mass.





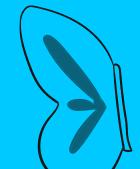
Throw a sheet over a table and pretend it's a castle, a spaceship or a cave. Go inside with your child and tell stories together based on what you're pretending it is.



Sellotape together enough sheets of paper to cover the top of your kitchen table. Challenge your child to create a map of all the words they know, including how they connect together.







Create a pair of wings with your child out of cardboard. Paint these and then stick them on the side of your kitchen table. Climb on top and fly your unicorn, or dragon, off on an adventure.





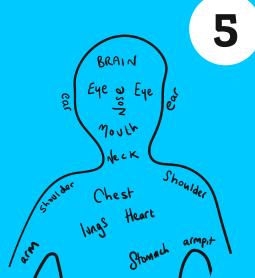
7

Challenge your child to redesign your kitchen table. Either give them free reign or set them a theme such as 'A table that makes food taste better'.

6

Find out what wood your table is made of. Start a project with your child investigating the properties of this type of tree.





Sellotape together enough sheets of paper to cover the top of your kitchen table. Get your child to lie on top and draw round them. Now the two of you can label the silhouette with all the different features of the human body.